

How to Cook an Old Rooster (or Hen!)

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-rooster-lollipop-recipe>

Ingredients:

- 1 whole rooster or stewing hen, plucked & gutted
- water to cover the bird
- herbs your choice, sage, rosemary, thyme, etc fresh or dried
- 2 bay leaves
- salt /pepper to taste
- herbs
- stock