

# Russian Stuffed Cabbage Rolls "Golubtsy"

Yield: 4 min  
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-sweet-rolls-recipe>

## Ingredients:

- 1 cup white rice cooked
- 1 head cabbage
- 1 chopped onion
- 1 pound ground beef
- 1 egg
- 1 teaspoon salt
- 1/4 teaspoon pepper
- 2 cans tomato sauce 14 oz each

## Nutrition:

1. Calories: 500 calories
2. Carbohydrate: 51 grams
3. Cholesterol: 130 milligrams
4. Fat: 19 grams
5. Fiber: 6 grams
6. Protein: 29 grams
7. SaturatedFat: 7 grams
8. Sodium: 730 milligrams
9. Sugar: 1 grams
10. TransFat: 1 grams

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