

# Bread Machine Pumpernickel Bread

Yield: 12 min  
Total Time: 235 min

Recipe from: <https://www.recipeschoose.com/recipes/jewish-pumpernickel-bread-recipe>

## Ingredients:

- 1 1/8 cups warm water
- 1 1/2 tablespoons vegetable oil
- 1/3 cup molasses
- 3 tablespoons cocoa
- 1 tablespoon caraway seed optional
- 1 1/2 teaspoons salt
- 1 1/2 cups bread flour
- 1 cup rye flour
- 1 cup whole wheat flour
- 1 1/2 tablespoons vital wheat gluten optional
- 2 1/2 teaspoons bread machine yeast

## Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 35 grams
3. Fat: 3 grams
4. Fiber: 3 grams
5. Protein: 6 grams
6. Sodium: 300 milligrams
7. Sugar: 5 grams

---

Thank you for visiting our website. Hope you enjoy Bread Machine Pumpernickel Bread above. You can see more 19 jewish pumpernickel bread recipe Try these culinary delights! to get more great cooking ideas.