

Slow Cooker Pork Loin

Yield: 8 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-pork-loin-slow-cooker-recipe>

Ingredients:

- 3 pounds pork loin trimmed and cut little slits all around the pork
- 1 1/2 teaspoons garlic powder
- 1/2 teaspoon ground ginger
- 1 1/2 teaspoons onion powder
- 1/2 teaspoon kosher salt
- 1/2 teaspoon dried thyme
- 1/2 teaspoon freshly cracked black pepper
- 2 tablespoons vegetable oil
- 2 cups chicken broth
- 2 tablespoons lemon juice
- 2 tablespoons regular soy sauce
- 3 tablespoons cornstarch dissolved in 3 TB water
- salt
- pepper

Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 105 milligrams
4. Fat: 26 grams
5. Fiber: 1 grams
6. Protein: 36 grams
7. SaturatedFat: 7 grams
8. Sodium: 580 milligrams

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