

Russian Pelmeni Meat Dumplings (Peljmeni)

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-pork-dumplings-recipe>

Ingredients:

- 2 large eggs room temperature
- 2/3 cup water tepid
- 1 tablespoon vegetable oil
- 1/2 teaspoon salt
- 3 1/4 cups flour all-purpose, plus more for dusting
- 1 onion large, finely grated
- 8 ounces pork lean, ground
- 8 ounces ground beef chuck
- 1 1/2 teaspoons salt
- 1/2 teaspoon black pepper

Nutrition:

1. Calories: 580 calories
2. Carbohydrate: 71 grams
3. Cholesterol: 160 milligrams
4. Fat: 17 grams
5. Fiber: 3 grams
6. Protein: 33 grams
7. SaturatedFat: 5 grams
8. Sodium: 1140 milligrams
9. Sugar: 1 grams
10. TransFat: 0.5 grams

Thank you for visiting our website. Hope you enjoy Russian Pelmeni Meat Dumplings (Peljmeni) above. You can see more 15 russian pork dumplings recipe Savor the mouthwatering goodness! to get more great cooking ideas.