

Watermelon Sorbet

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/watermelon-milkshake-recipe-indian>

Ingredients:

- 1/2 cup sugar
- 1/2 cup light corn syrup or light agave nectar, the syrup or nectar makes the resulting texture quite smooth
- 1/4 cup lime juice freshly squeezed
- 3 fresh mint leaves
- 3 pounds watermelon rind and seeds removed, cut into chunks

Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 87 grams
3. Protein: 4 grams
4. Sodium: 30 milligrams
5. Sugar: 57 grams

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