

Oven-Baked Perogies in Tomato Sauce

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-perogies-recipe>

Ingredients:

- 1 kilogram perogies frozen
- 28 ounces diced tomatoes
- 2 tablespoons olive oil
- 1 large onion sliced
- 8 ounces mushrooms sliced
- 3 garlic cloves minced
- 1/4 cup red wine
- 1/2 cup vegetable broth
- 1/2 teaspoon dried parsley
- 1 teaspoon dried basil
- 1/4 teaspoon dried thyme
- 1/2 teaspoon dried oregano
- 1/2 tablespoon tomato paste
- 4 ounces fresh spinach
- salt
- pepper
- Parmesan cheese . grated

Nutrition:

1. Calories: 520 calories
2. Carbohydrate: 87 grams
3. Cholesterol: 15 milligrams
4. Fat: 12 grams
5. Fiber: 7 grams
6. Protein: 18 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 1280 milligrams

9. Sugar: 11 grams

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