

Pelmeni (Russian Dumplings)

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-pelmeni-soup-recipe>

Ingredients:

- 3 1/2 ounces minced pork
- 3 1/2 ounces lean minced beef
- 2 onions
- 1 clove crushed
- leaf parsley flat-, a handful, chopped
- 5/8 cup sour cream
- dill a small bunch, chopped
- 9/16 cup milk
- 1 eggs
- 2 3/4 cups plain flour

Nutrition:

1. Calories: 520 calories
2. Carbohydrate: 75 grams
3. Cholesterol: 105 milligrams
4. Fat: 13 grams
5. Fiber: 4 grams
6. Protein: 24 grams
7. SaturatedFat: 6 grams
8. Sodium: 105 milligrams
9. Sugar: 6 grams

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