

Baked Orange Marmalade Chicken Breasts

Yield: 4 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-orange-marmalade-chicken-recipe>

Ingredients:

- 4 chicken breasts split, bone-in
- kosher salt
- pepper
- 1/2 cup orange marmalade sweet
- 2 teaspoons lemon juice
- 2 teaspoons Dijon mustard or a whole grain mustard
- 1 clove garlic minced
- 1/2 teaspoon Worcestershire sauce
- 1 teaspoon curry powder

Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 29 grams
3. Cholesterol: 145 milligrams
4. Fat: 7 grams
5. Fiber: 1 grams
6. Protein: 48 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 490 milligrams
9. Sugar: 24 grams

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