

Mushroom Stroganoff

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-mushroom-stroganoff-recipe>

Ingredients:

- 1 tablespoon oil
- 1 medium onion diced
- 4 cloves garlic minced
- 5 1/4 cups mushrooms ~ 17 1/2 oz, sliced or diced
- 1 teaspoon smoked paprika
- 4 3/4 tablespoons vegetable stock ~ 1/4 cup
- 2 tablespoons sour cream
- salt
- black pepper
- 4 tablespoons fresh parsley, chopped

Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 5 milligrams
4. Fat: 5 grams
5. Fiber: 3 grams
6. Protein: 5 grams
7. SaturatedFat: 1 grams
8. Sodium: 280 milligrams
9. Sugar: 4 grams

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