

Mushroom Spread

Yield: 6 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-mushroom-spread-recipe>

Ingredients:

- 8 ounces cream cheese softened
- 8 ounces mushrooms sliced
- 2 cloves garlic minced
- 3 tablespoons butter
- 1 sprig fresh thyme about 1/2 teaspoon
- white pepper Kosher and, to taste

Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 55 milligrams
4. Fat: 19 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. SaturatedFat: 11 grams
8. Sodium: 160 milligrams
9. Sugar: 2 grams

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