Cheesy Meat Loaf

Yield: 8 min
Total Time: 105 min

Recipe from: https://www.recipeschoose.com/recipes/russian-meat-loaf-cheesy-recipe

Ingredients:

- 4 tablespoons extra-virgin olive oil
- 2 carrots cut into 1/4-inch dice
- 2 celery stalks cut into 1/4-inch dice
- 1 onion cut into 1/4-inch dice
- 1 cup hot water
- 1/2 ounce wild mushrooms
- soaking liquid chopped, reserved
- 3 garlic cloves minced
- 2 1/4 cups fresh bread crumbs
- 1 tablespoon fresh flat leaf parsley minced
- 2 ounces mozzarella cheese shredded, plus 6 oz., cut into 1/2-inch cubes
- freshly ground pepper
- salt
- 2 pounds ground beef 80% lean
- 2 eggs lightly beaten
- 1/2 teaspoon fresh thyme minced
- mashed potatoes for serving, see related recipe at left

Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 135 milligrams
4. Fat: 28 grams
5. Fiber: 2 grams
6. Protein: 28 grams
7. SaturatedFat: 10 grams
8. Sodium: 500 milligrams
9. Sugar: 3 grams
10. TransFat: 1 grams

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