

# Pelmeni | Russian Meat Dumplings

Yield: 60 min  
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-meat-dumplings-recipe>

## Ingredients:

- 3 3/8 cups flour
- 1/2 teaspoon salt
- 2 eggs
- 3/4 cup warm water
- 1 1/8 pounds ground meat
- beef
- pork
- 1/2 onion
- 1 tablespoon soy sauce
- 1 teaspoon salt
- sour cream
- fresh dill

## Nutrition:

1. Calories: 45 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 15 milligrams
4. Fat: 1.5 grams
5. Protein: 3 grams
6. Sodium: 85 milligrams

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