

Blintz Souffle

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-meat-blintz-recipe>

Ingredients:

- 6 eggs
- 1 teaspoon vanilla
- 1/2 cup orange juice
- 1/2 cup sugar or honey
- 1 1/2 pints sour cream feel free to use reduced fat, but avoid the fat-free slime
- 1/2 cup margarine or butter
- 2 packages blintzes frozen

Nutrition:

1. Calories: 760 calories
2. Carbohydrate: 34 grams
3. Cholesterol: 405 milligrams
4. Fat: 65 grams
5. Protein: 14 grams
6. SaturatedFat: 27 grams
7. Sodium: 430 milligrams
8. Sugar: 35 grams
9. TransFat: 4 grams

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