## RecipesCh@\_se

## **Mead And Dried Fig Cookies**

Yield: 15 min Total Time: 50 min

Recipe from: https://www.recipeschoose.com/recipes/scandinavian-mead-recipe

## **Ingredients:**

- 2/3 cup sugar + sugar to dust the cookies
- 6 3/4 tablespoons extra-virgin olive oil light
- 6 3/4 tablespoons mead
- 1/2 teaspoon baking powder 8 g approx.
- 1 cup dried figs chopped
- 2 3/8 cups flour

## Nutrition:

- 1. Calories: 190 calories
- 2. Carbohydrate: 30 grams
- 3. Fat: 6 grams
- 4. Fiber: 2 grams
- 5. Protein: 2 grams
- 6. SaturatedFat: 1 grams
- 7. Sodium: 20 milligrams
- 8. Sugar: 13 grams

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