

# Ham, Brie, Marmalade and Arugula Pressed Sandwich

Yield: 2 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-marmalade-candy-recipe>

## Ingredients:

- 4 slices country bread rustic, sliced 1/2-inch thick
- 2 teaspoons Dijon mustard or more, if you prefer
- 4 ounces brie cut into 1/4-inch slices, about 6 slices
- 8 ounces cooked ham sliced, about 8 slices
- freshly ground pepper
- 2 tablespoons marmalade
- 2 tablespoons extra-virgin olive oil
- 1/2 cup arugula

## Nutrition:

1. Calories: 710 calories
2. Carbohydrate: 45 grams
3. Cholesterol: 120 milligrams
4. Fat: 38 grams
5. Fiber: 3 grams
6. Protein: 48 grams
7. SaturatedFat: 14 grams
8. Sodium: 2200 milligrams
9. Sugar: 14 grams

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