

Marinated Fish Skewers

Yield: 4 min
Total Time: 130 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-marinated-fish-recipe>

Ingredients:

- 1 1/2 pounds white fish firm, seabass, halibut, snapper
- 1/4 cup extra virgin olive oil
- 1/4 cup lemon juice freshly squeezed
- 3 tablespoons cilantro fresh minced, you may sub fresh parsley
- 2 garlic cloves crushed
- 1 teaspoon paprika
- 1 teaspoon salt
- 1/2 teaspoon cumin
- 1/4 teaspoon turmeric
- 1/4 teaspoon cayenne pepper
- lemon wedges Sliced
- chopped cilantro for garnish, if desired, optional

Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 100 milligrams
4. Fat: 24 grams
5. Fiber: 2 grams
6. Protein: 33 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 680 milligrams

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