

Lobster Salad Canapes

Yield: 36 min
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-lobster-salad-recipe>

Ingredients:

- 1 1/2 pounds lobster live
- 2 seedless cucumbers thick, usually plastic-wrapped; at least 1 3/4 inches in diameter, cut into 36, 1/4-inch-thick slices
- 2 tablespoons mayonnaise
- 3 teaspoons fresh lime juice
- 1 1/2 teaspoons chile minced fresh jalapeño, including seeds
- 1/4 teaspoon salt
- 1/3 cup mango finely diced peeled
- 1/4 cup chopped celery finely
- 2 tablespoons red onion finely chopped
- 2 tablespoons chopped fresh cilantro finely
- fresh cilantro Garnish: thinly sliced, optional

Nutrition:

1. Calories: 25 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 20 milligrams
4. Protein: 4 grams
5. Sodium: 80 milligrams
6. Sugar: 1 grams

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