

Classic Russian Kotleti (Meatballs)

Yield: 8 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-kotleti-recipe>

Ingredients:

- 3 pounds ground chicken
- 2 eggs
- 1 tablespoon mayonnaise
- 1/2 medium onion grated
- 1/2 cup milk
- 3 bread slices
- 1 tablespoon salt adjust to taste
- 1 teaspoon ground black pepper adjust to taste
- oil for frying

Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 200 milligrams
4. Fat: 18 grams
5. Protein: 31 grams
6. SaturatedFat: 4.5 grams
7. Sodium: 1030 milligrams
8. Sugar: 1 grams

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