

Khinkali Qvelit (Cheese and Mint Stuffed Dumplings)

Yield: 25 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-khinkali-recipe>

Ingredients:

- 4 cups flour
- 1 1/4 teaspoons kosher salt plus more to taste
- 3 cups farmers cheese crumbled, 1 1/2 lb.
- 1/2 cup sour cream
- 1/4 cup mint finely chopped
- 1/4 cup chopped cilantro finely
- 3 eggs beaten
- ground black pepper Freshly, to taste

Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 40 milligrams
4. Fat: 5 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. SaturatedFat: 3 grams
8. Sodium: 180 milligrams
9. Sugar: 1 grams

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