

# Horseradish Meatloaf

Yield: 4 min  
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/jewish-horseradish-recipe>

## Ingredients:

- 2 pounds ground beef I use 85% lean
- 2 eggs lightly beaten
- 1/2 cup dry bread crumbs
- 1/2 cup ketchup
- 1 tablespoon horseradish
- 2 teaspoons worcestershire sauce
- 2 teaspoons salt
- 1 teaspoon onion powder
- 1/2 teaspoon black pepper
- 1/2 teaspoon mustard powder
- 1 clove garlic minced
- 2 tablespoons fresh parsley chopped
- 1/2 cup ketchup
- 3 tablespoons brown sugar
- 1 tablespoon horseradish
- 2 teaspoons spicy brown mustard
- 1/2 teaspoon mustard powder

## Nutrition:

1. Calories: 660 calories
2. Carbohydrate: 31 grams
3. Cholesterol: 260 milligrams
4. Fat: 37 grams
5. Fiber: 1 grams
6. Protein: 49 grams
7. SaturatedFat: 14 grams
8. Sodium: 2180 milligrams
9. Sugar: 22 grams
10. TransFat: 2.5 grams

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