

# Green Salad with Pink Goat Cheese Hearts

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/jamaican-green-banana-salad-recipe>

## Ingredients:

- 11 ounces fresh goat cheese
- 1/2 cup beets raw shredded
- 1 pinch salt and coarsely ground black pepper
- sea salt coarse ground, for sprinkling
- 4 greens big handfuls of, I used sweet escarole
- cucumber Thinly spiced
- sliced green olives
- pistachio nuts Shelled, coarsely chopped
- lemon oil for dressing
- salt
- pepper

## Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 80 milligrams
4. Fat: 35 grams
5. Fiber: 3 grams
6. Protein: 28 grams
7. SaturatedFat: 20 grams
8. Sodium: 760 milligrams
9. Sugar: 4 grams

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