

Green Borscht

Yield: 5 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-green-borscht-recipe>

Ingredients:

- 3 medium potatoes peeled and left whole
- 1 tablespoon butter
- 1 tablespoon olive oil
- 1 medium onion chopped
- 2 carrots peeled and chopped
- 3 cups sorrel leaves stemmed, washed and cut crosswise into strips
- 1 bunch dill chopped roughly
- 1 bunch parsley chopped roughly
- 1 garlic clove crushed
- 2 eggs lightly beaten
- salt
- pepper
- sour cream to serve

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 30 grams
3. Cholesterol: 95 milligrams
4. Fat: 8 grams
5. Fiber: 5 grams
6. Protein: 7 grams
7. SaturatedFat: 3 grams
8. Sodium: 250 milligrams
9. Sugar: 4 grams

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