## RecipesCh@~se

## **Watermelon Fruit Salad**

Yield: 4 min Total Time: 5 min

Recipe from: https://www.recipeschoose.com/recipes/russian-fruit-salad-drink-recipe

## **Ingredients:**

- 1 1/4 pounds watermelon cubed
- 1 1/8 pounds cantaloupes cubed
- 1 1/8 pounds honeydews cubed
- 2 cups ice cubes
- 1/3 cup mint leaves
- 1 1/2 whole lime juice

## **Nutrition:**

Calories: 140 calories
Carbohydrate: 34 grams

3. Fiber: 3 grams4. Protein: 4 grams

5. Sodium: 50 milligrams

6. Sugar: 30 grams

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