

# Fruit Pie

Yield: 4 min  
Total Time: 110 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-fruit-pie-recipe>

## Ingredients:

- 6 cups fruit fresh or frozen, adjust for size of pan
- 1 cup sugar depending on sweetness of fruit
- 1 pinch ground nutmeg
- 1/3 teaspoon salt
- 1/2 lemon
- 1/4 cup flour
- 1 tablespoon quick cooking tapioca if fruit is especially juicy
- 1/2 tablespoon butter
- 1 pastry recipe for double crust
- 1 egg white mixed with 1 tablespoon of water

## Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 93 grams
3. Cholesterol: 5 milligrams
4. Fat: 1.5 grams
5. Fiber: 5 grams
6. Protein: 2 grams
7. SaturatedFat: 1 grams
8. Sodium: 250 milligrams
9. Sugar: 81 grams

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