

# Russian Fruit Cake

Yield: 4 min  
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-fruit-cake-recipe>

## Ingredients:

- 4 egg whites
- 3/4 cup sugar
- 15/16 cup ground walnuts
- 1 tablespoon flour
- 1 teaspoon baking powder
- 2 1/8 cups heavy whipping cream
- 1 packet cream stabilizer whipping
- 15/16 tablespoon vanilla sugar
- powdered sugar to taste
- 2 9/16 cups tart cherries fresh or frozen
- 1 1/2 cups pineapple cut chopped up into small pieces, fresh or canned
- whipped cream Some, to decorate

## Nutrition:

1. Calories: 850 calories
2. Carbohydrate: 67 grams
3. Cholesterol: 170 milligrams
4. Fat: 63 grams
5. Fiber: 4 grams
6. Protein: 11 grams
7. SaturatedFat: 30 grams
8. Sodium: 240 milligrams
9. Sugar: 54 grams

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