

Peanut Butter Cornflake Bars

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-frosted-cranberry-recipe-with-karo-syrup>

Ingredients:

- 2 cups sugar
- 1 1/2 cups karo syrup
- 2 cups peanut butter
- 12 ounces cornflakes

Nutrition:

1. Calories: 1810 calories
2. Carbohydrate: 290 grams
3. Fat: 65 grams
4. Fiber: 9 grams
5. Protein: 39 grams
6. SaturatedFat: 14 grams
7. Sodium: 600 milligrams
8. Sugar: 147 grams

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