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Cookie Dough Balls

Yield: 4 min Total Time: 30 min

Recipe from: https://www.recipeschoose.com/recipes/russian-dough-balls-recipe

Ingredients:

- 1 cup cashews 150g
- 3 tablespoons coconut oil Melted
- 2 tablespoons honey /Maple Syrup
- 1/2 teaspoon vanilla essence
- 1 pinch coarse salt
- 30 grams cacao nibs or Dark Chocolate, min 70%

Nutrition:

- 1. Calories: 480 calories
- 2. Carbohydrate: 29 grams
- 3. Fat: 38 grams
- 4. Fiber: 3 grams
- 5. Protein: 11 grams
- 6. SaturatedFat: 15 grams
- 7. Sodium: 80 milligrams
- 8. Sugar: 14 grams

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