

Maizes Zupa (Rye Bread Pudding)

Yield: 6 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/polish-dark-rye-bread-recipe>

Ingredients:

- 10 ounces dark rye bread or Latvian, cut into 1" cubes, about 3½ cups
- 1 cup dried apricots minced
- ¾ cup prunes minced dried
- ¼ cup sugar plus more to taste
- 2 tablespoons dark brown sugar packed
- 2 tablespoons fresh lemon juice
- 1 teaspoon ground cinnamon
- ¼ teaspoon ground cloves
- ¼ teaspoon kosher salt
- sweetened whipped cream to garnish, optional

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 50 grams
3. Fat: 1.5 grams
4. Fiber: 5 grams
5. Protein: 5 grams
6. Sodium: 410 milligrams
7. Sugar: 24 grams

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