

Grilled Salmon Salad

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-dark-rye-bread-recipe-bread-machine>

Ingredients:

- 4 slices dark rye bread cubed
- 1 tablespoon olive oil
- salt
- pepper
- 1/4 cup honey mustard
- 2 tablespoons red wine vinegar
- 1 tablespoon vegetable oil
- 16 ounces salmon fillets wild, skin removed, about 1-inch thick
- 2 tablespoons olive oil
- salt to season
- 1 head lettuce romaine, washed and chopped into 1-inch pieces, about 4 cups
- 2 tomatoes cut into wedges
- 1/2 red onion sliced thin
- 2 large eggs hard-boiled, cut into quarters
- 1 tablespoon capers rinsed and drained

Nutrition:

1. Calories: 520 calories
2. Carbohydrate: 24 grams
3. Cholesterol: 170 milligrams
4. Fat: 32 grams
5. Fiber: 5 grams
6. Protein: 31 grams
7. SaturatedFat: 6 grams
8. Sodium: 970 milligrams
9. Sugar: 5 grams

Thank you for visiting our website. Hope you enjoy Grilled Salmon Salad above. You can see more 15 russian dark rye bread recipe bread machine They're simply irresistible! to get more great cooking ideas.