

Cranberry Chicken

Yield: 2 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-cranberry-chicken-recipe>

Ingredients:

- 1 1/4 pounds boneless, skinless chicken thighs
- 1/2 teaspoon kosher salt
- 1/4 teaspoon fresh ground black pepper
- 2 tablespoons olive oil divided
- 3 tablespoons minced shallot
- 12 ounces cranberries fresh or frozen, thawed, rinsed
- 3/4 cup water
- 1/3 cup apple cider vinegar
- 1 tablespoon honey
- 3/4 teaspoon ground ginger
- 1/2 teaspoon kosher salt
- 1/4 teaspoon allspice
- 2 tablespoons chopped fresh thyme for serving

Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 27 grams
3. Cholesterol: 145 milligrams
4. Fat: 18 grams
5. Fiber: 7 grams
6. Protein: 48 grams
7. SaturatedFat: 4 grams
8. Sodium: 1230 milligrams
9. Sugar: 12 grams

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