

Salmon Coulbiac

Yield: 6 min
Total Time: 180 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-kubiak-recipe>

Ingredients:

- 4 eggs
- 3 1/2 tablespoons butter
- 1 9/16 pounds salmon fillets skinless, boneless lightly smoked raw, available from Waitrose & Sainsbury's - if you can't find them, us...
- 7/8 pound puff pastry blocks all-butter
- 1 egg beaten, for glazing
- 1 onion large, finely chopped
- 1 teaspoon cumin seeds
- 1 teaspoon coriander seeds
- 4 cardamom pods
- 2 star anise
- 1 1/16 cups basmati rice
- 1 bay leaf
- 1 5/8 inches cinnamon stick piece
- 1 11/16 cups fish stock or water
- 1 lemon juice
- 1 bunch dill

Nutrition:

1. Calories: 870 calories
2. Carbohydrate: 61 grams
3. Cholesterol: 260 milligrams
4. Fat: 51 grams
5. Fiber: 3 grams
6. Protein: 38 grams
7. SaturatedFat: 15 grams
8. Sodium: 550 milligrams
9. Sugar: 2 grams

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