

# Blueberry Congealed Salad

Yield: 8 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-congealed-salad-recipe>

## Ingredients:

- 6 ounces Jell-O blackberry
- 2 cups boiling water
- 15 ounces blueberries
- 8 ounces crushed pineapple drained with juice reserved
- 8 ounces cream cheese softened
- 1/2 cup white sugar
- 1 cup sour cream
- 1/2 teaspoon vanilla extract
- 1/2 cup chopped pecans

## Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 27 grams
3. Cholesterol: 45 milligrams
4. Fat: 20 grams
5. Fiber: 2 grams
6. Protein: 4 grams
7. SaturatedFat: 9 grams
8. Sodium: 120 milligrams
9. Sugar: 23 grams

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