

Cold Summer Soup – Russian Okroshka

Yield: 8 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-cold-soup-okroshka-recipe>

Ingredients:

- 8 cups cold water boiled and cooled to room temperature
- 1/3 cup sour cream
- 3 1/2 tablespoons vinegar divided
- 2 1/2 teaspoons salt
- 1/2 cup green onion finely chopped
- 1 pound ham organic, diced
- 4 medium potatoes peeled and diced into cubes
- 4 hard boiled eggs diced
- 4 cucumbers medium, diced
- 6 radishes large, diced
- 1/2 cup dill thoroughly washed and chopped

Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 27 grams
3. Cholesterol: 145 milligrams
4. Fat: 10 grams
5. Fiber: 4 grams
6. Protein: 17 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 1540 milligrams
9. Sugar: 5 grams

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