

Russian Chili

Yield: 8 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-chili-recipe>

Ingredients:

- 2 pounds ground beef
- 1 tablespoon olive oil
- 2 onions chopped
- 1 green bell pepper chopped
- 2 stalks celery chopped
- 12 fluid ounces beer or bottle flat
- 1 cup water
- 2 tablespoons chili powder
- pepper
- salt
- 1/2 teaspoon dried parsley
- 1 teaspoon ground cumin
- 6 ounces tomato paste
- 15 ounces kidney beans
- 1 cup sour cream

Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 15 grams
3. Cholesterol: 90 milligrams
4. Fat: 25 grams
5. Fiber: 3 grams
6. Protein: 27 grams
7. SaturatedFat: 11 grams
8. Sodium: 400 milligrams
9. Sugar: 5 grams
10. TransFat: 1 grams

Thank you for visiting our website. Hope you enjoy Russian Chili above. You can see more 18 russian chili recipe Taste the magic today! to get more great cooking ideas.