

Kotleti (Russian Chicken Patties)

Yield: 4 min
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-chicken-kotleti-recipe>

Ingredients:

- 2 slices bread crusts removed
- 1/4 cup whole milk
- 2 tablespoons unsalted butter
- 1/2 yellow onion medium, finely diced
- pepper
- salt
- 1 pound ground chicken
- 1 large egg
- 1 tablespoon sour cream
- 1/4 teaspoon dried dill
- 1 cup dried breadcrumbs
- cooking oil

Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 24 grams
3. Cholesterol: 170 milligrams
4. Fat: 24 grams
5. Fiber: 2 grams
6. Protein: 25 grams
7. SaturatedFat: 8 grams
8. Sodium: 560 milligrams
9. Sugar: 3 grams

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