

Sesame Cabbage Salad

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/polish-cabbage-salad-recipe>

Ingredients:

- 1 tablespoon yellow mustard 1 tbsp yellow mustard
- 1 tablespoon vinegar 1 tbsp vinegar
- 4 tablespoons olive oil 4 tbsp olive oil
- 1/4 teaspoon salt or to taste 1/4 tsp salt or to taste
- 1/2 teaspoon pepper or to taste 1/2 tsp pepper or to taste
- 1/2 head cabbage shredded 1/2 head cabbage shredded
- 1 tablespoon lemon juice freshly squeezed 1 tbsp lemon juice freshly squeezed
- 1 apple cored and sliced 1 apple cored and sliced
- 4 ounces Swiss cheese cubed 4 oz swiss cheese cubed
- 1/4 cup sesame seeds toasted 1/4 cup sesame seeds toasted
- 3 ounces raisins 3 oz raisins

Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 33 grams
3. Cholesterol: 25 milligrams
4. Fat: 26 grams
5. Fiber: 5 grams
6. Protein: 11 grams
7. Saturated Fat: 8 grams
8. Sodium: 230 milligrams
9. Sugar: 17 grams

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