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## Easy Upside Down Russian Biskvit With Apples

Yield: 12 min Total Time: 60 min

Recipe from: <a href="https://www.recipeschoose.com/recipes/russian-biskvit-recipe">https://www.recipeschoose.com/recipes/russian-biskvit-recipe</a>

## **Ingredients:**

- 4 eggs separated
- 1 cup white sugar
- 1/4 teaspoon vanilla extract
- 1 cup all-purpose flour
- 1 teaspoon baking powder
- 1/2 cup butter
- 6 baking apples cored, peeled and sliced

## **Nutrition:**

Calories: 240 calories
Carbohydrate: 38 grams
Cholesterol: 90 milligrams

4. Fat: 9 grams5. Fiber: 2 grams6. Protein: 3 grams

7. SaturatedFat: 5 grams8. Sodium: 125 milligrams

9. Sugar: 26 grams

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