

# Crock Pot Beef Stroganoff

Yield: 8 min  
Total Time: 260 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-beef-stroganoff-recipe-slow-cooker>

## Ingredients:

- 1 tablespoon olive oil more if needed
- 2 pounds stewing beef trimmed
- pepper
- salt
- 1/2 cup red wine
- 1 teaspoon garlic powder
- 1 onion diced
- 1 tablespoon Dijon mustard
- 1 tablespoon Worcestershire sauce
- 3/4 pound mushrooms sliced
- 2 cups beef broth divided
- 8 ounces sour cream
- 3 tablespoons cornstarch
- 12 ounces egg noodles cooked

## Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 38 grams
3. Cholesterol: 50 milligrams
4. Fat: 9 grams
5. Fiber: 2 grams
6. Protein: 9 grams
7. SaturatedFat: 4 grams
8. Sodium: 350 milligrams
9. Sugar: 4 grams

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