

Apple Cinnamon Babka

Yield: 8 min
Total Time: 205 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-apple-babka-recipe>

Ingredients:

- 1/2 cup milk warmed
- 2 1/2 teaspoons yeast
- 2 tablespoons sugar
- 1 egg
- 3 tablespoons butter softened
- 1/4 teaspoon salt
- 2 cups flour
- 1/2 cup apple grated
- 1/4 cup sugar
- 1 teaspoon cinnamon

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 36 grams
3. Cholesterol: 40 milligrams
4. Fat: 6 grams
5. Fiber: 2 grams
6. Protein: 5 grams
7. SaturatedFat: 3 grams
8. Sodium: 125 milligrams
9. Sugar: 11 grams

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