

# Creamy Braised Chicken with Pappardelle

Yield: 5 min  
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/mini-chicken-pot-pies-recipes>

## Ingredients:

- 2 pounds boneless skinless chicken thighs
- olive oil for searing
- 1 yellow onion chopped
- 4 garlic cloves minced
- 1 cup dry white wine
- 2 cups chicken stock
- 1 1/2 cups heavy cream at room temperature
- 3/4 teaspoon grated lemon zest freshly
- 8 ounces pappardelle tagliatelle or fettuccine would work
- kosher salt
- freshly ground pepper
- herbs Finely chopped, basil, parsley, or tarragon, for garnish, optional

## Nutrition:

1. Calories: 690 calories
2. Carbohydrate: 23 grams
3. Cholesterol: 250 milligrams
4. Fat: 43 grams
5. Fiber: 1 grams
6. Protein: 46 grams
7. SaturatedFat: 22 grams
8. Sodium: 550 milligrams
9. Sugar: 3 grams

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