

# Rotel Dip

Yield: 4 min  
Total Time: 140 min

Recipe from: <https://www.recipeschoose.com/recipes/rotel-dip-with-ground-beef-recipes>

## Ingredients:

- 1 pound ground beef
- 16 ounces velveeta cheese this is the smaller box
- 20 ounces rotel
- diced tomatoes
- 2 teaspoons chili powder
- 1 teaspoon garlic powder

## Nutrition:

1. Calories: 620 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 170 milligrams
4. Fat: 42 grams
5. Fiber: 2 grams
6. Protein: 42 grams
7. SaturatedFat: 23 grams
8. Sodium: 1790 milligrams
9. Sugar: 14 grams
10. TransFat: 1 grams

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