

Vanilla Rose Pana Cotta

Yield: 8 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/rose-syrup-turkish-delight-recipe>

Ingredients:

- 2 1/8 cups cream
- 2 1/2 teaspoons gelatin
- 9/16 cup sugar
- 1 vanilla pod
- 1 3/4 cups yoghurt plain
- 1 tablespoon rose syrup plus more for decoration
- 4 3/8 ounces turkish delight rose, roughly chopped

Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 29 grams
3. Cholesterol: 60 milligrams
4. Fat: 19 grams
5. Protein: 6 grams
6. SaturatedFat: 11 grams
7. Sodium: 90 milligrams
8. Sugar: 24 grams

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