

Rolled Flank Steak

Yield: 4 min
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-steak-seasoning-recipe>

Ingredients:

- 2 pounds flank steak
- 1/2 cup olive oil
- 1/4 cup soy sauce
- 2 teaspoons steak seasoning
- 2 tablespoons garlic chopped
- 1/2 pound provolone cheese thinly sliced
- 4 slices bacon
- 1/2 cup baby spinach
- 1/2 cup cremini mushrooms sliced
- 1/2 red bell pepper seeded and cut into strips
- 1/2 cup onion chopped

Nutrition:

1. Calories: 950 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 140 milligrams
4. Fat: 71 grams
5. Fiber: 1 grams
6. Protein: 68 grams
7. SaturatedFat: 24 grams
8. Sodium: 1760 milligrams
9. Sugar: 3 grams

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