

20-Minute Roasted Tomato Pasta

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/roasted-tomato-pasta-recipe-south-africa>

Ingredients:

- 2 pints grape tomatoes
- 1 cup mushrooms chopped
- 1/2 sweet onion chopped
- 1 clove garlic minced
- 6 ounces spinach
- 4 tablespoons olive oil
- 1 pound whole wheat pasta
- 1/3 cup asiago cheese

Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 5 milligrams
4. Fat: 16 grams
5. Fiber: 3 grams
6. Protein: 6 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 150 milligrams
9. Sugar: 7 grams

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