

Roasted Sweet Potatoes

Yield: 7 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-sweet-potatoes-for-thanksgiving>

Ingredients:

- 2 pounds sweet potatoes ~3 large, I like Red Garnet OR Jewel sweet potatoes best, peeled and cut into 1/2-inch pieces
- 2 tablespoons olive oil
- 1/4 teaspoon cracked pepper freshly
- 1/2 teaspoon chili powder ground
- 1/2 teaspoon paprika
- 1/2 teaspoon ground cumin
- 1/2 teaspoon garlic powder

Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 26 grams
3. Fat: 4 grams
4. Fiber: 4 grams
5. Protein: 3 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 75 milligrams
8. Sugar: 5 grams

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