

# Roasted Rainbow Carrots

Yield: 6 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/roasted-rainbow-carrots-thanksgiving-recipe>

## Ingredients:

- 1 1/2 pounds rainbow carrots or small carrots
- 1 tablespoon olive oil
- 1 tablespoon brown sugar
- salt
- pepper

## Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 14 grams
3. Fat: 2.5 grams
4. Fiber: 4 grams
5. Protein: 1 grams
6. Sodium: 210 milligrams
7. Sugar: 7 grams

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