

Roasted Japanese Sweet Potatoes with Miso Butter

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/roasted-japanese-sweet-potatoes-recipe>

Ingredients:

- 2 Japanese sweet potatoes
- 1 tablespoon olive oil
- 4 tablespoons butter room temperature
- 2 tablespoons white miso
- 1 scallion thinly sliced

Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 30 milligrams
4. Fat: 15 grams
5. Fiber: 1 grams
6. Protein: 1 grams
7. SaturatedFat: 8 grams
8. Sodium: 400 milligrams
9. Sugar: 1 grams

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