

Roasted Buddha Bowl

Yield: 3 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/roasted-cashews-recipe-indian>

Ingredients:

- 1 head broccoli chopped into bite-sized pieces
- 1 head cauliflower chopped into bite-sized pieces
- 1 1/2 cups chickpeas cooked, drained and rinsed, or one 15-oz can
- 1 tablespoon oil divided
- pepper
- salt
- 1/2 cup cashews soaked
- 2 tablespoons fresh lemon juice
- 1 tablespoon tahini
- 1 large garlic clove
- 1/4 teaspoon fine grain sea salt
- 1/4 cup nutritional yeast
- 6 tablespoons water or as needed to thin out