

Maple Roasted Carrots - Easy Healthy Side Dish

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/carrot-side-dish-recipe-for-thanksgiving>

Ingredients:

- 1 1/2 pounds carrots peeled and cut into 1-inch pieces
- 2 tablespoons olive oil
- 2 tablespoons pure maple syrup
- 1/2 teaspoon salt
- 1/4 teaspoon pepper
- 1/4 teaspoon crushed red pepper flakes